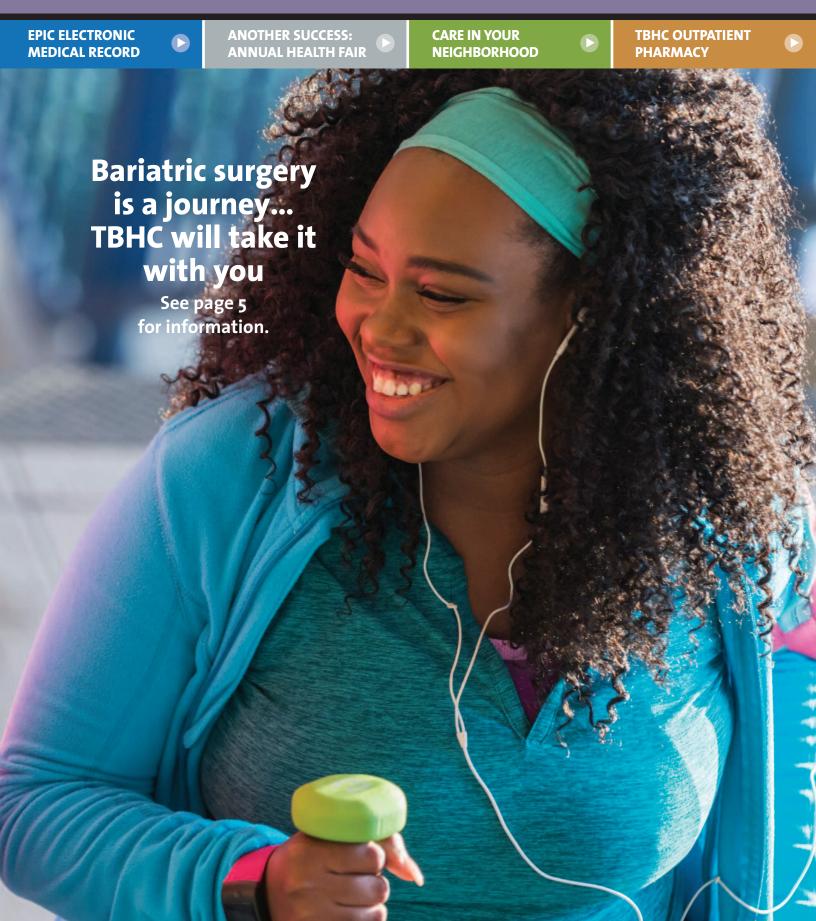


Keeping Brooklyn Healthy



MESSAGE FROM OUR HOSPITAL'S PRESIDENT & CEO



As we look to the end of 2017, I am excited to report on some new initiatives I am especially interested in:

Epic has gone live. We have
launched our new

electronic medical record system across all our ambulatory care sites. If you are a patient of one of these sites (from our Family Health Centers to many of our outpatient practices located at the hospital), you will find in the months to come that your registration times will be streamlined, and your patient experience will be more thorough and consistent. Read more in the story on this page about MyChart at Brooklyn Health, our new patient portal.

A new shuttle service will begin this month. The shuttle service will run two loops between our off-site locations and the hospital's main downtown campus for both staff and patients. Ask the registrar at your ambulatory care center or Family Health Center for more information and how to book a ride!

The Founders' Ball is on October 18.
This is always an important night for raising funds to support our many clinical and patient projects. I hope you'll join us!
Visit www.tbh.org/ways-give to learn more.

October marks Breast Cancer
Awareness Month. I urge all women to
talk to their doctors this month about what
screenings and prevention they can be
doing to prevent and detect breast cancer.
Need a doctor? Check out page 4 for
a Family Health Center near you!

Senior staff continues to round on patients through our Patient Experience initiative. It's been invaluable personally to me to regularly speak with patients about their experience. We here at TBHC are never losing sight of the most important job we have: Keeping Brooklyn Healthy and making sure our patients and their families receive the richest, most positive experience possible.

Slasy St. Sano Gary G. Terrinoni



MEET TBHC'S NEW ELECTRONIC PATIENT PORTAL

MyChart at Brooklyn Health is the gateway to all that our new Epic electronic medical record has to offer.

Whether you're new to The Brooklyn Hospital Center (TBHC) or you're an ambulatory care patient who has been with us for years, you'll soon be introduced to a powerful new tool to help manage your health with us. We call it *MyChart at Brooklyn Health* and it's the patient portal component of our new Epic medical records management system.

Once we get you signed up for MyChart at Brooklyn Health, you will have 24/7 online access on a phone app or a computer to a personal account containing all of your medical, prescription and billing information from your TBHC facilities and doctors. Several of the ordinary tasks that currently require a phone call, or many phone calls, can now be handled easily and conveniently on your schedule using your smartphone or computer.

Just a few of these routine functions include:

- Messaging with your doctor at your convenience.
- Scheduling, changing and canceling appointments.
- Requesting prescription refills or specialist referrals.
- Paying co-pays and completing intake forms before an appointment.
- Viewing lab work and test results.
- Managing billing and payments.

Just think of all the accounts you manage online in your own life—banking, credit cards, utilities. Free, 24/7 online access is standard for any type of account these days, and *MyChart at Brooklyn Health* will prove to be equally convenient for managing your health and wellness needs.

MyChart at Brooklyn Health is here, and, before long, you'll be amazed at how easy it is to manage all aspects of your healthcare with your TBHC team. At your next visit, you'll learn more!





GOOD NEIGHBORS

WORKING TOGETHER WITH OUR COMMUNITY

Free health screenings, medical information, face painting, music, fun—and a Teddy Bear Clinic!—at TBHC's annual health fair.

TBHC celebrated its annual Saturday in the Park health fair in Fort Greene Park on September 15.

"TBHC is proud to serve the community at this annual event," says Gary G. Terrinoni, President and CEO of TBHC. "Throughout the year, we also go to our community partners' events. Through lectures, screening and education, we help prevent and detect diabetes, cardiovascular disease, high blood pressure and other illnesses that can lead to serious health challenges if left undiagnosed or untreated."

TBHC extends thanks to this years' sponsors including Empire BlueCross/Blue Shield, UnitedHealthcare and Municipal Credit Union (MCU). Here are some peeks at the fun day!









TBHC'S FAMILY HEALTH CENTERS!

LOOK AROUND—A FAMILY HEALTH CENTER, PROVIDING PRIMARY AND SPECIALTY CARE, MAY BE RIGHT IN YOUR NEIGHBORHOOD.

Access to healthcare in your neighborhood makes a difference to your well-being. Our ambulatory services network brings TBHC closer to you.

Each of our five Family Health Centers provides preventive and primary care, as well as specialty care right in your neighborhood. We offer extended hours in a convenient, easily accessible setting (nearly every major train stop is two blocks away or less). All the sites provide appointments, but also welcome walk-ins.

And, all the Family Health Centers are designated as Level 3 Patient-Centered Medical Homes (PCMH) from the National Committee for Ouality Assurance (NCOA). TBHC earned this prestigious recognition by demonstrating delivery of excellent primary care within a team-based environment, as well as a commitment to performance improvement and integrating evidence-based medicine into the electronic medical record (see more about our new electronic medical record on page 2).

Take a look, and find a Family Health Center near you.

Williamsburg Family Health Center 99 Division Avenue Williamsburg, Brooklyn

Manhattan Avenue Family Health Center 960 Manhattan Avenue Greenpoint, Brooklyn

61st Street Family Health Center 771 61st Street Sunset Park, Brooklyn

La Providencia Family Health Center 1280 DeKalb Avenue Bushwick, Brooklyn

Church Avenue Family Health Center 2244 Church Avenue Flatbush-Ditmas Park, Brooklyn

Call 866.TBHC.NOW or 866.824.2669 to find a Family Health Center near you! You can schedule same-day appointments!

> Manhattan Ave FHC (Greenpoint) 11222

Williamsburg FHC 11249

TBHC Family Medicine Center at TBHC, main hospital 11201

LaProvidencia FHC (Bushwick)

11221

Church Ave FHC (Flatbush-Ditmas Park) 11226

INTERESTED IN JOINING THE TBHC TEAM? Visit our Careers page online at tbh.org/careers

61st St FHC (Sunset Park)

LET'S CONNECT! There are lots of ways to connect with The Brooklyn Hospital Center on line, whether it be through one of the popular social media sites or our own website. Visit us at:







@official__tbhc



11220

BARIATRIC SURGERY WHERE YOU NEED IT MOST



Weight loss surgery is a journey; TBHC can take it with you.

Access excellent bariatric surgery and all the support you need right here in Downtown Brooklyn.

Different people have different weight loss needs. For many, proper dietary and lifestyle management is enough, but for others, weight loss surgery (or bariatric surgery) offers the best chance for long-term success. The Weight Loss Center at TBHC will help you understand your options so you can make choices that work for you. You never go it alone—we'll guide you each step of the way.

If bariatric surgery is indicated, you can feel confident knowing that all weight loss procedures at TBHC are performed using minimally invasive techniques by board certified surgeons who have completed thousands of successful weight loss procedures. In fact, the Weight Loss Center at TBHC has been accredited as a Comprehensive Center under the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP®), a joint program of the American College of Surgeons (ACS) and the American Society for Metabolic and Bariatric Surgery (ASMBS).

Patients who undergo bariatric surgery, which helps limit eating by giving patients a feeling of fullness after eating very little food, lose on an average 50 to 70 percent of their excess body weight at one year from bariatric surgery. The minimally invasive procedures offered at TBHC include laparoscopic Roux-en-Y gastric bypass and laparoscopic sleeve gastrectomy. Your surgeon will help you determine which procedure is right for you.

The TBHC weight loss program also includes a comprehensive six-month weight loss education plan with educational materials for primary care provider and patient, in-person support groups, online support, and nutritional counseling.

For more information about bariatric surgery at TBHC, call 718.250.8920, email bariatric@tbh.org, or visit tbh.org/brooklynbariatric.

"ONLY OPTION" TO MANAGE DIABETES

Diane Walton (at right) had uncontrollable diabetes and weighed 205 pounds. "Most of my family had died from diabetes and, before the surgery, maybe I had 10 years left in me. Getting this surgery was my only option," she says.

Today (at far right), Ms. Walton is 137 pounds and her diabetes is much more manageable and under control. "My health has gotten much better and I'm looking

forward to a longer, happy life. I've recently become a grandma. I get more time to enjoy my family and watch my grandbaby grow up because bariatric surgery at TBHC gave me years back on my life," she says.





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Inside:

Is bariatric surgery right for you?

New patient portal for TBHC

Find a Family Health Center

Looking back on a wonderful health fair

DID YOU KNOW that onsite at TBHC is an Outpatient Pharmacy that serves our ambulatory care patients, discharged patients, employees and the community?

- Fill and refill all your prescriptions
- Quick, easy transfers from your current pharmacy
- Private, one-on-one counseling on all prescriptions
- Free delivery within the hospital
- Free medication flavoring
- Walk-in immunization services
- Specialty medications

Outpatient Pharmacy

THE BROOKLYN HOSPITAL CENTER Conveniently located on the 1st floor mezzanine, above the lobby, next to the café 718.250.RX00 (7900) Open Monday through Friday, 9:30 am to 5:30 pm

